

Sara Knight - Artistic Director-Classical Ballet

Sara Knight is a graduate of England's Royal Ballet School, an Associate of the Royal Academy of Dance (A.R.A.D.), graduate of the Royal Ballet School Teacher's Training Course (R.B.S. Dip. TTC.) and first British graduate of Russia's Vaganova (Kirov) Ballet Academy. Sara is a recipient of the Royal Ballet School Award for Excellence personally awarded by Dame Ninette de Valois, founder of the Royal Ballet.

Upon graduation Sara was accepted to the Eifman Ballet Theatre. She remained in Russia and went on to become soloist with the Leningrad State Ballet Theatre and the Russian Ballet of St. Petersburg. In Western Europe she danced with England's Northern Ballet Theatre and was principal dancer with the European Ballet of London. In the USA, Sara has guested as principal dancer with Configuration Dances and Rebecca Rice Dance Company.

Sara has been invited to teach world wide including: Boston Ballet Company, Boston Ballet School, Tulsa Ballet Center for Dance Education, Cincinnati Ballet School, Laban Centre London, Northern Ballet Theatre of England, Arts Educational School of the UK, Boston Conservatory, and The International Festival of France. Sara has also served as Ballet Mistress for both London's Central School of Ballet and Ellison Ballet of NYC. She was the Artistic Director for the Ballet School of Stamford as well as the Co-Founder and Artistic Director of the Greenwich Ballet Academy.

In September 2010, Sara founded SLK Ballet... A school for gifted dancers to prepare for a career as a professional ballerina. Sara continues to teach worldwide.